



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Free YMCA Elementary Water Safety Program

Detroit Swims

Detroit Swims is a free water safety program that partners with schools and other youth programs in the Metro Detroit Area. Center Line Public Schools elementary students who participate will receive eight weekly Safety around Water (S.A.W.) lessons, a swimsuit, swim cap, goggles, and a drawstring bag to carry all of their equipment.

Friday, April 22nd – Friday, June 10th

5:00pm (45-minute sessions)

Center Line High School Pool



FAQ:

Are the YMCA staff trained?

Yes, all of our lifeguards have gone through the Ellis and Associates lifeguard training which they have to renew yearly. Our swim instructors must attend the Y-USA swim instructor training course which they renew every two years. All aquatic staff members are First Aid and CPR certified.

How do I sign up?

Return the attached waiver/release form to your school office by Tuesday, April 19th.

YMCA OF METROPOLITAN DETROIT
1401 Broadway St., Detroit, MI 48226
313.223.2484 - ymcadetroit.org/detroitswims



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Participant Waiver and Release

Parent/Guardian: I hereby certify the registered participant is of normal health and capable of participating safely in any YMCA program. I hereby grant permission to participate and agree to hold the YMCA of Metropolitan Detroit harmless should any injury occur during program participation. The YMCA has my permission to publish, for any reason my child's picture of image taken during YMCA program participation.

Child's Name	Age	Grade	Birthdate
Address		City/State/ZIP	
Parent/Guardian Name	Parent Birthdate	Email Address	
Parent's Cell Phone Number	Child's Clothing Size	Child's Gender	
	Yes	No	
Name of School	Any Special Needs	If yes, please describe	
Parent/Guardian's Signature			Date

DETROIT SWIMS PRE-TEST (PARENTS: PLEASE FILL OUT FOR YOUR CHILD)

I have been swimming in a pool before	Y / N	<u>DURING THE SCHOOL YEAR, HOW OFTEN DO YOU SWIM?</u>
Somebody I live with knows how to swim	Y / N	1 or more times every week
I own my own swim suit:	Y / N	1 or more times every month
I have taken swimming lessons:	Y / N	1-4 times per year
I know other people that like to swim:	Y / N	Never
I would like to improve my skills/get better at swimming:	Y / N	<u>DURING THE SUMMER, HOW OFTEN DO YOU SWIM?</u>
I feel safe in the water/pool:	Y / N	1 or more times every week
I can easily go in deep water without touching the bottom:	Y / N	1 or more times every month
		1-4 times per year
		Never



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ALL WAIVERS MUST BE SUBMITTED BEFORE ATTENDING THE FIRST SESSION TO THE YMCA.

Participant Consent and Liability Waiver – Release of all claims (must be signed)

I, _____, am the person/parent/guardian of named above. As lawful consideration for me/my child being permitted to participate in the activity, I agree that I will not **make a claim against, sue, attach the property of the YMCA of Metropolitan Detroit and their agents, sponsors and employees for damages for death, personal injury or property damage which I may sustain as a result of my participation in this activity. This release is intended to discharge in advance** the YMCA of Metropolitan Detroit and their agents, sponsors and employees from and against any and all liability, including for negligent actions, arising out of or connected in any way with my participation in this sporting activity except for liability that may arise out of the willful or wanton misconduct of the YMCA of Metropolitan Detroit.

I FURTHER UNDERSTAND THAT ANY PHYSICAL ACTIVITY INVOLVES PHYSICAL CONTACT, THAT SERIOUS ACCIDENTS OCCASIONALLY OCCUR DURING SUCH ACTIVITIES, AND THAT PARTICIPANTS IN SUCH ACTIVITIES OCCASIONALLY SUSTAIN SERIOUS PERSONAL INJURIES (INCLUDING DEATH) AND/OR PROPERTY DAMAGE, AS A CONSEQUENCE THEREOF. KNOWING THE RISKS OF PARTICIPATION, NEVERTHELESS, I HEREBY AGREE THAT I ASSUME THOSE RISKS AND RELEASE AND HOLD HARMLESS THE YMCA OF METROPOLITAN DETROIT AND THEIR AGENTS, SPONSORS AND EMPLOYEES WHO (THROUGH NEGLIGENCE OR CARELESSNESS) MIGHT OTHERWISE BE LIABLE TO ME/MY CHILD FOR DAMAGES.

I attest that I am eighteen (18) years of age or older or the guardian of the above named person and that I/ they am/are physically fit and have no known medical conditions that prohibit participation in this program.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY FOR MYSELF/CHILD AND A CONTRACT BETWEEN MYSELF, AND YMCA OF METROPOLITAN DETROIT, THEIR AGENTS, SPONSORS AND EMPLOYEES, AND HAVE SIGNED IT OF MY OWN FREE WILL.

I also agree that the YMCA of Metropolitan Detroit and their agents, sponsors and employees may use my photograph in future promotions.

PARTICIPANT SIGNATURE: _____ **DATE:** _____
(Parent/Guardian if participant is under 18 years old)

PRINTED NAME: _____